

# FORMULA INFORMATION FOR MEDICAL PROVIDERS

Minnesota WIC promotes and supports **exclusive breastfeeding** as the standard for infant feeding. However, if a mother decides to breastfeed partially, or not to breastfeed, WIC provides infant formula.

## STANDARD FORMULA

### DEFINITION

Standard infant formula is a routine infant formula intended for generally healthy babies.

### WIC-ALLOWED FORMULA

WIC has a contract to provide specified Similac formulas. We can provide the following formula for infants without additional medical documentation:

<b>MN WIC Allowed</b>	
<b>Abbott Nutrition</b>	
<ul style="list-style-type: none"> <li>• Similac Advance</li> <li>• Similac Sensitive</li> <li>• Similac Total Comfort</li> </ul>	<ul style="list-style-type: none"> <li>• Similac for Spit Up</li> <li>• Similac Soy Isomil</li> <li>• Medical formula with WIC approval (See pg 2)</li> </ul>

Due to our contractual obligations, we are unable to provide alternative standard infant formulas for any reason. Examples of formula that is not WIC allowed includes, but is not limited to:

<b>Not MN WIC Allowed</b>	
<b>Abbott Nutrition</b>	
<ul style="list-style-type: none"> <li>• Similac Advance Organic</li> <li>• Similac Non-GMO</li> <li>• Similac Pro Advance</li> </ul>	<ul style="list-style-type: none"> <li>• Similac Pro Sensitive</li> <li>• Similac Pure Bliss</li> <li>• Similac for Supplementation</li> </ul>
<b>Mead Johnson</b>	
<ul style="list-style-type: none"> <li>• Enfamil Premium Newborn</li> <li>• Enfamil AR</li> <li>• Enfamil Premium Gentlease</li> <li>• Enfamil Prosobee</li> <li>• Enfamil Infant</li> </ul>	<ul style="list-style-type: none"> <li>• Enfagrow Premium Toddler Transitions</li> <li>• Enfamil Enspire</li> <li>• Enfagrow Toddler Next Step</li> <li>• Enfamil Reguline</li> <li>• Enfamil for Supplementation</li> </ul>
<b>Nestle</b>	
<ul style="list-style-type: none"> <li>• Gerber Good Start Gentle</li> <li>• Gerber Good Start Sooth</li> <li>• Gerber Good Start Grow 12-24 months</li> </ul>	<ul style="list-style-type: none"> <li>• Stage 1, 2, or 3 Gerber Good Start</li> <li>• Gerber Good Start Soy</li> <li>• Gerber Good Start for Supplementation</li> </ul>
<b>Store Brands</b>	
Bright Beginnings, Earth’s Best, Kirkland, Parents Choice, etc.	

- WIC-allowed standard formulas can be requested for children over age 1 by using the [Request for Medical Formula](#) form. See the Medical Formula section of this document for more information.

## MEDICAL FORMULA

### DEFINITION

Medical formula refers to products developed for use with medical conditions. Examples include, but are not limited to: elemental (Elecare), extensively-hydrolyzed (Nutramigen), prematurity (Neosure), enteral (Compleat Pediatric), condition-specific (KetoCal), and others.

### WIC-ALLOWED FORMULA

WIC may be able to accommodate requests for medical formula products for infants, children, and pregnant or postpartum women with a qualifying medical condition as defined by Minnesota WIC. A qualifying medical condition must be provided to address the underlying diagnosis and establish medical need for the product.

- The following are NOT qualifying medical conditions (if these describe your patient, please provide the underlying diagnosis): formula intolerance, growth concerns, picky eater, and family preference.

### FREQUENTLY ASKED QUESTIONS

#### Who can receive WIC?

- WIC is a supplemental nutrition program that serves income-eligible pregnant women, postpartum women, breastfeeding women, infants, and children up to age 5. Programs such as Medical Assistance, SNAP, Free/Reduced Lunch, and Headstart provide automatic WIC eligibility. Learn more at the [MN WIC website](#).

#### Who will my patient see when they come to WIC?

- The staff at WIC have a variety of health backgrounds and credentials. Sherburne County WIC employs nutrition educators and registered dietitians. Many staff members have received advanced training in nutrition, health counseling, and breastfeeding support.

#### How do I request a special formula for my patient?

- Complete the [Request for Medical Formula](#) when requesting special formulas or products. Please complete all sections of the form and provide the qualifying medical condition that is necessitating the special formula. Submit the completed *Request for Medical Formula* to WIC by fax or email. Patients can also bring a hard copy to their WIC appointment. A WIC dietitian will review the request. If the request is denied or if further information is needed, WIC will contact you by fax or phone.

#### How much formula will my patient receive from WIC?

- WIC is a supplemental nutrition program so we cannot guarantee that we will meet the full needs of each participant. Each product has a maximum amount that WIC can provide. Families may have to obtain additional formula from another source.

#### Can my patient receive whole milk with their WIC benefits?

- Toddlers can receive whole milk until age 2. Whole milk can only be provided to children ages 2-5 and adults if they are approved for and receiving a medical formula through WIC. WIC Nutrition Educators can assist the family with providing a nutrient-dense diet through other foods, if it is appropriate.

#### Can WIC provide Pediasure?

- Pediasure-type products may be approved if the child has a qualifying medical condition. Pediasure cannot be provided for growth concerns, "picky eating", or parental preference without an underlying medical condition.

#### Can I request certain foods for my patient?

- WIC can provide infant fruits & vegetables and infant cereal to children over 1 year of age by request. Please complete the *Request for Medical Formula* and indicate dietary needs in Section D. No medical documentation is needed for milk alternatives.

## SHERBURNE COUNTY WIC CONTACT INFORMATION

Please contact us if you have any questions or concerns!

**Phone:** 763-765-4116

**Fax:** 763-765-4154

**Email:** [WIC@co.sherburne.mn.us](mailto:WIC@co.sherburne.mn.us)

*Thank you for helping us serve the families of Sherburne County!*