

SHERBURNE COUNTY RESOURCE DIRECTORY

**FOR PERSONS WITH
DEVELOPMENTAL DISABILITIES**



**Developed By:
Sherburne County Developmental Disability
Advisory Committee (DDAC)
2017**

This resource directory is provided by the
**Sherburne County Developmental Disability Advisory
Committee.**

This committee's mission is to provide support to persons and organizations that work to enhance services for persons with developmental disability services.

If you are interested in learning more about this committee or would like to attend a meeting, please contact Nicole Bender at (763) 765-4178.

Some of the service options provided in the following areas must be directly coordinated through Sherburne County Health & Human Services Disability Services Unit. Sherburne County follows the eligibility and policy guidelines of the Minnesota Department of Human Services (DHS) as well as policy guidelines specific to these services in Sherburne County. For more detailed information, or a list of most current service providers in the area, as well as Personal Care Assistance (PCA), please contact Sherburne County at (763) 765-4000. You can also visit the DHS website at www.dhs.state.mn.us.

If you want more general resource information, please contact the Minnesota Help.Info line at (866) 333- 2466 or www.MinnesotaHelp.info.

Support Services

MnChoices

MnCHOICES is a single, comprehensive assessment and support planning web-based application for long-term services and supports in Minnesota.

MnCHOICES uses a person-centered planning approach to help people make decisions about long-term services and supports. MnChoices determines service eligibility for publicly funded programs and services such as; Developmental Disability Waiver, Consumer Support Grant, Personal Care Assistance, Family Support Grant, Semi-Independent Living Services, and Case Management.

Case Management

Case management may be provided to people diagnosed with an intellectual disability, brain injury, and/or a related condition living in Sherburne County. If eligible, the Case Manager works with the person and if applicable, the family, to coordinate needed services. The Case Manager will then monitor effectiveness of the services and will meet with the person/involved parties at least semi-annually to review progress and continued needs.

Consumer Support Grant

This is a state funded alternative to home care services (i.e. home health aide, personal care attendant, and private duty nursing). This program allows an eligible person to convert a portion of payments for specific home care services into cash grants. The monthly cash grants to replace fee-for-service home care services. With county assistance, people can manage and pay for a variety of home and community based services. People eligible for this program must also be eligible for Medical Assistance, home care services, and county case management. Budget amount is determined by a MnChoices assessment.

Home and Community Based Medicaid Waiver for Persons with Developmental Disability (DD Waiver)

People living in Minnesota and diagnosed with developmental disabilities and/or related conditions, who require a level of care provided in an intermediate care

facility (ICF/DD), may be eligible to receive services in community settings, such as a family home or independent living settings. Under the DD Waiver, a menu of cost effective alternatives are offered to help a person live in the community as fully, productively and independently as possible. People eligible for this program must be eligible for Medical Assistance as well as criteria outlined under this waiver program. Services include: In Home Family Support (IHFS), Respite, Consumer Directed Community Supports (CDCS), modifications, etc. Eligibility is determined by a MnChoices assessment.

Family Support Grant

This grant program provides a state cash grant to families of minor children (under age 21) with a qualifying disability. The goal of this program is to prevent or delay out of home placement of minor children and to promote family health and social well-being by facilitating access to family-centered services and supports. Recipients must be eligible for county case management services for this program.

Personal Care Assistance (PCA)

This program provides services to people who need help with activities of daily living and health-related functions. PCA services may be provided through hands-on assistance, supervision, cueing, redirection, and intervention for behaviors including observation and monitoring. People eligible for this program must have Medical Assistance and go through a MnChoices assessment to determine amount of PCA they are eligible for. A list of agencies that provide home care services will be given at the time of assessment.

Sherburne County Support Grant

The funding from this support grant may be used for short-term care to a person due to the absence of or needing to relieve family members/primary caregiver in terms of a 'break.' The grant may also be used for specialized equipment/training specific to the person's disability. People eligible for this program must qualify for county case management services.

Semi Independent Living Services (SILS)

SILS is a county/state funded program that provides support services to people who are living or planning to live in a more independent setting. This service assists individuals with gaining independent living skills. People eligible for this program must qualify for county case management services, be 18 years of age, and plan to or currently live independently. Eligibility for SILS is determined by the MnChoices assessment.

Community Based Residential Service Options

Community Residential Setting (CRS)

(Previously referred to as Family or Corporate Foster Care)

This residential service provides up to 24 hour supervision for people with varying levels of care/independence. These sites are intended for four or fewer

people living as roommates. Usually the term CRS is used to designate a corporation model, but also includes some licensed foster care homes. This residential service is an option through the Home and Community Based Waivers or private pay. This service provides 24 hour supervision within a structured home with food, lodging, protection, supervision and household services. Case managers will help assist individuals in locating corporate provider openings. This service may also provide programming services for people in need of additional skills training. Due to monthly changes in active foster care homes in Sherburne County, please contact the Foster Care Licensors at (763) 765-4000 for the most updated listings of homes.

Intermediate Care Facility (ICF)

An ICF is a residential service that provides 24 hour supervision for individuals in need of active treatment and therefore a 24 hour plan of care. Sites are typically for six or more people.

Licensed ICF's in Sherburne County:

Living Well disability services <http://www.livingwell.org/> (651) 688-8808
Opportunity Manor www.opportunitymanor.org (320) 240-1900
Opportunity Partners www.opportunitypartners.org (763) 441-0960

Supported Apartments

Supported Apartments are an alternative to adult foster care with supports provided to individuals in their own apartment (with or without a roommate). These supports are typically funded through a waiver. The support provider is available 24 hours per day to the individuals they serve. This type of setting is appropriate for individuals who have developed skills to work toward living on their own, but still require some level of support with activities of daily living (budgeting, cleaning, cooking/menu planning, shopping, transportation, etc...). A Case Manager can help determine whether a Supported Apartment is appropriate for an individual.



Subsidized Housing

Housing Coalition of St. Cloud..... (320) 259-7676
Provides information and support, advocacy and assistance regarding housing for families, singles, the homeless and disabled.

Housing and Urban Development (HUD)

Provides housing services including a list of apartment complexes with subsidized units, homeless assistance, community development, public housing and Section 8 programs. www.hud.gov.....(612) 370-3000

Housing Choice Voucher Program (formerly Section 8 Voucher)

Rental assistance program that allows the voucher holder to live in any approved housing that meets HUD qualifications. The holder of this voucher will pay approximately 30% of the total household income for housing. Sherburne County residents can apply for this voucher through St. Cloud Housing and Redevelopment Authority (HRA)... www.stcloudhra.com.....(320) 252-0880

Minnesota Supplemental Aid (MSA)/Housing Assistance

This is a state program that gives a monthly cash payment to individuals who are aged, blind, or disabled, and who get Supplemental Security Income (SSI). MSA payments can help you pay for room and board.....<http://www.housinglink.org>
(612) 522-2500

Subsidized Housing

These apartment buildings were built with federal help and the occupant pays up to 30% of their household income providing all occupants meet the income and eligibility guidelines. This assistance stays with the building. If the occupant moves, they DO NOT take the income eligibility with them.

Subsidized/Low Income Housing Resources:

- Anoka County Low Income Housing Information..... (763) 576-2721
- Benton County Low Income Housing Information/TRICAP ..(888) 765-5597
- Mille Lacs County Low Income Housing Information..... (763) 389-2442
- Sherburne County Low Income Housing Information..... (763) 765-4000
- Stearns County Low Income Housing Information/HRA..... (320) 252-0880
- Tri-Cap..... (888) 765-5597
- Wright County Low Income Housing Information..... (763) 682-7414

Emergency Shelters

- Anna Maries, St. Cloud..... (800) 950-2203, (320) 253-6900
- Salvation Army Emergency Shelter..... (320) 252-4552



Vocational/Habilitative Training Programs

Funding for people to participate in the following programs usually comes from the county of service or Rehabilitation Services. Vocational training programs can include, but are not limited to each of the areas listed below:

Competitive Employment

These are jobs that pay minimum wages, in community based work settings alongside non-disabled people. Employment can be part time or full time and supported with program services or natural supports.

Extended Employment

Similar to competitive employment, extended employment offers people job placement, on-the-job training, and follow-up services for the employee by a professional job counselor. Follow-up services can be life-long.

Supported Employment/Enclaves

Supported employment can look different for everyone; a work crew consisting of three or more people and an agency job coach, independent employment with job coach check-ins, etc. Wages for employees may be competitive or piece rate wages.

Center Based Program

A setting that provides a vocational based atmosphere that meets the varied work needs and abilities of those receiving services. Work options are contracted with community businesses for a variety of in-center productions and wages are often piece rate.

Vocational/ Habilitative Training Agencies

- Goodwill*Easter Seals Mission Services**..... (763) 441-2766
- Functional Industries** ... www.functionalindustries.org(763) 682-4336
- Options, Inc.** www.Options-inc.org (763) 263-3684
- Rehabilitation Services**.....Monticello (763) 295-5894
- www.positivelyminnesota.comSt. Cloud (320) 308-5320



Financial Assistance

Sherburne County Health & Human Services..... (763) 765-4000
For information and/or to apply for Medical Assistance (MA), Minnesota Care, General Assistance (GA), Food Support (SNAP), Group Residential Housing (GRH) or Emergency Assistance (EA).

Social Security Administration... www.ssa.gov (800) 772-1213
Social Security Disability Insurance (SSDI) pays benefits to you and certain members of your family if you are “insured”, meaning that you worked long enough, paid Social Security taxes and have a disability. Supplemental Security Income (SSI) pays benefits based on financial need to people with a disability.

Work Incentives Connection www.mnworkincentives.com (800) 976-6728
This agency can help educate you on what effects work will have on your benefits.

Disability Benefits 101..... www.mn.db101.org (866) 333-2466
Provides tools and information on health coverage, benefits, and employment for people with a disability.



Food Shelves/Programs

- Becker Food Shelf**..... (763) 261-4612
- Big Lake Food Shelf**..... (763) 263-2432
- CAER, Elk River**..... www.caerfoodshelf.org (763) 441-1020
- Clearwater Food Shelf**..... (320) 558-2954
- Corner Cupboard Food Ministry (Elk River)**.....(763) 263-7878
- Fare for All**..... <https://fareforall.org/>..... (763) 450-3880
 Located in Sherburne County, provides \$28-35 worth of food for \$12-20 and 2 hours of community service or volunteer work. You can assist them with food give away for your community service hours also.
- Meals On Wheels, Elk River**..... (763) 441-6288
- Meals on Wheels , Monticello**..... (763) 295-4031
- Princeton Pantry**..... (763) 631-3578
- Salvation Army**..... (320) 252-4552
 Located in St Cloud, provides 5-7 day’s supply of food every 30 days for Sherburne County residents.



Medical

* Please refer to local listings for medical clinics and hospitals.*

Sherburne County Health & Human Services.....(763) 765-4000
 To apply for Medical Assistance, MinnesotaCare or General Assistance Medical Care. You can apply online at www.mnsure.org.

Sherburne County Public Health

Sherburne County Public Health provides a variety of services including the following; Breastfeeding support, Car Seat Safety checks, Healthy Pregnancy, Following Along Program, Family Home Visiting, WIC, etc... Please refer to the website for more detailed information and a full list of services provided.
<http://www.co.sherburne.mn.us/hhs/familyHealth/>

Fetal Alcohol Syndrome Diagnostic Clinic..... (320) 229-4945
 Provides diagnosis for children age six months through adult, with priority given to referrals from Sherburne, Benton, and Stearns counties.



Dental Resources

Agencies accepting MA, Minnesota Care, and payment plans:

- Appletree Dental**, Coon Rapids..... (763) 784-7570
- East Central Dental Clinic**, Braham..... (320) 396-4417
- Elk Plaza Dental**, Elk River..... (763) 441-4200
- Elk River Family Dentistry**, Elk River..... (763) 441-9181
- Health Source Dental Clinic**, Cambridge.....(763) 689-7306

A referral from a county case manager is required.

- Hennepin County Medical Center**..... (612) 873-3000
Clinic primarily handles extractions and oral surgery.

- Midwest Dental**, Big Lake..... (763) 263-2222

- Sand Prairie Dental**, Big Lake..... (763) 263-6350

- St. Cloud Technical College**, St. Cloud..... (320) 308-5919

All work is completed by students at a very low cost that is not covered by insurance. This service is only open during the fall and spring semesters.

- U of M Dental Clinics**, Minneapolis..... (612) 625-2495

All work is completed by students.

Medical Supply/Equipment Companies

- Arrowhealth Medical Supply**, Sauk Rapids (320) 654-9966

- CARE Medical Supply**, Sauk Rapids..... (320) 251-8261

- Corner Home Medical**, St. Cloud..... (320) 257-6184

- Freedom Medical Supplies**, Waite Park..... (320) 258-4055

- Handi Medical Supply**, Coon Rapids..... (651) 789-5858

- Lincare**, Cambridge..... (763) 691-0172

- St. Cloud..... (320) 654-1747

- NuMotions**, Waite Park..... (320) 259-7700

- Northway Dental Associates**, St. Cloud..... (320) 253-7700

- Reliable Medical Supply**, Buffalo..... (763) 684-1778

- Waite Park..... (320) 259-5900

- Total Medical Supply**, Spring Lake Park..... (763) 784-6140



Transportation

- CAER**, Elk River.....<http://www.caerfoodshelf.org/>..... (763) 441-1020

Car clinic is offered monthly on first come, first serve basis. They assist with some minor repairs on legal vehicles. Contact CAER for an appointment.

- Great River Faith in Action in Sherburne County**, Becker (763) 263-4277

- <http://www.grfia.org/>

Services, including transportation, provided by volunteers recruited from congregations and general public.

Loving Hands Transportation LLC, Zimmerman....
<https://www.lovinghandstransportation.com/contact.html>....(763)-607-8700
MetroBus, St. Cloud.....<http://www.ridemetrobus.com>..... (320) 251-7433
MNet (Minnesota Non-Emergency Transportation)..... (866) 467-1724
 Medical transportation program for people on Medical Assistance.
Schu-Tran LLC, Oak Park..... (320)-968-7478
Trailblazer Transit, Monticello..... \$2 transport within Monticello. Cannot be billed through a waiver..... (888)-743-3828
Tri-CAP, Waite Park.....<http://www.tricap.org>..... (888) 765-5597
 TriCAP provides bus services in Sherburne County on specific routes within the cities of Elk River and Big Lake. Curb to curb transit services are also available. The fares and passenger guidelines can be found on their website. A Tri-CAP Outreach Specialist is also available at the Sherburne County Government Center in Elk River. They are available on Mondays from 8am-4pm. To schedule an appointment, the phone number is (320) 247-8236.

Mental Health

Disability Linkage Line..... (866) 333-2466
First Call for Help.....dial 211 or (800) 543-7709
Four County Adult Mental Health Crisis Response..... (800) 635-8008
Lutheran Social Service Crisis Nursery..... (320) 654-1090
Mental Health Crisis Line..... (800) 635-8008
National Association of Mental Illness (NAMI) (888) 626-4435
 www.namihelps.org
Sherburne County Crisis Nursery..... (763) 241-2650
Sherburne County Health & Human Services..... (763) 765-4000



Social and Recreational Activities

Community Education

Providing adults with disabilities with opportunities for social interaction through outings and classes:

HOPE- Elk River Area School District #728..... (763) 241-3520
Opening Doors- Buffalo Area School District #877..... (763) 682-8770
 * service area includes Becker, Big Lake, Buffalo, Monticello
Project Challenge- St. Cloud School District #742..... (320) 257-3822
Camp Bliss, Walker.....<http://www.campbliss.org/>..... (218)-547-4004
Confidence Learning Center..www.campconfidence.com... (218) 828-2344
 Year-round outdoor education and recreation center for people of all ages with varying abilities as well as their families/care providers.

Elk River Senior Activity Center..... (763) 635-4500

Friendship Ventures Services (Camp Friendship)..... (800) 450-8376

With camp and resort options, this provides both children and adults with recreational experiences during summer and winter months. There are also travel opportunities year-round through Venture Travels.

ILICIL, Center for Independent Living, Sauk Rapids..... (888) 450-8376

Provides a number of independent living activities and social/recreational activities and classes in the St. Cloud area.

Meridian Services: Social Recreation Group..... (320) 255-5151

Provides social activities and transportation in the local community. Referral must come from county case manager.

People First/Sherburne County..... (800) 775-3196

A group that promotes self-advocacy, teaches leadership skills and offers a variety of training.

Saint Michael Foundation, St. Michael..... (763) 670-4701

.....<http://www.stmichaelfoundation.com>

Focuses on helping individuals with developmental delays build lifelong relationships and work on their life skills in the process.

Special Olympics

Providing people with developmental disabilities opportunities to train and participate in a variety of individual and team sports, social events, and lifetime activities. Local participating areas:

Elk River..... (763) 280-3232

-offers aquatics, basketball, bowling, softball, track and field, and women's volleyball.

Monticello..... (763) 263-2890

-offers basketball, bocce ball, bowling, golf, softball, and swimming.

Milaca..... (320) 982-7193

-offers equestrian, track and field, bowling, basketball

Foley..... (763) 260-0289

-offers track and field, softball, basketball

Abuse/ Neglect/ Protection Services

Anna Marie's Shelter, St. Cloud..... (320) 253-6900

MN Domestic Violence Crisis Line..... (866) 223-1111

MN Adult Abuse Reporting Center (MAARC).....(844) 880-1574

Rivers of Hope, Monticello..... (763) 295-3433; (800) 439-2642

Sherburne County Health & Human Services..... (763) 765-4000

STARS Children's Mental Health www.starsnetwork.org....(763) 271-5321

Parent and People Education & Support

Arc United

<http://www.arcmidstate.org/> (320) 251-7272

Arc United serves children and adults of all ages with varying abilities and their families in 11 counties, including Sherburne County. Core services include

information and referral, individual and family education, training and support, and advocacy. Program/services include: Sibshops, People First, SAM (Self Advocates of Minnesota), Housing Access Services, and Civic Engagement.

Autism Allies

www.autismallies.org (612) 384-4265

Nonprofit organization dedicated to improving the lives of people with autism and their families by providing financial support, education, services, and research to help people reach their fullest potential.

Autism Society of Minnesota

www.ausm.org (651) 647- 1083

The Autism Society enhances the lives of people with autism spectrum disorders. Services/programs include: information and referral, behavioral consultation, newsletters/resource library, camps, parent support groups, mental health services and advocacy.

Brain Injury Association of Minnesota

www.braininjurymn.org (612) 378-2742 or (800) 669-6442

The Brain Injury Assn. of Minnesota provides help, hope and a voice for Minnesotans who live with a brain injury. Program/services include case management, public policy, as well as education, mutli-cultural outreach, public awareness, and speakers.

Substitute Decision Making Options

Anyone, upon turning 18 years old, may continue to need help making important life decisions. Some options to assist with this can include:

Guardianship

Guardians can be appointed and has the legal authority to ensure that all aspects of daily living are being provided including food, shelter, clothing, and health care.

Representative Payee

A person who acts as the receiver of United States Social Security Disability or Supplemental Security Income for a person who is not fully capable of managing their own benefits.

Conservator

A conservator can be appointed to manage and preserve the person’s financial affairs.

Power of Attorney

This designates someone to act on a person’s behalf to manage financial affairs; can be specific to a certain task or broad enough to cover many financial duties.

Medical Directive

A medical plan put in writing, usually set up with the person’s primary doctor, and identifies what actions should be taken if a person is unable to direct their own care.

Other Resources to gain further knowledge on Substitute Decision Making:

Law Help Minnesota www.lawhelpmn.org

Minnesota Association for Guardianship and Conservatorship
www.minnesotaguardianship.org

Minnesota Help.Info www.MinnesotaHelp.info/Home

MN Judicial Branch www.mncourts.gov/



Advocacy, Civil, Legal Rights

Arc Midstate

<http://www.arcmidstate.org/> (320) 251-7272

Arc Midstate serves children and adults of all ages with varying abilities and their families in 11 counties, including Sherburne County. Core services include information and referral, individual and family education, training and support, and advocacy. Program/services include: Sibshops, People First, SAM (Self Advocates of Minnesota), Housing Access Services, and Civic Engagement.

Minnesota Disability Law Center

www.mndlc.org (612) 332-1441 or (800) 292-4150

The center addresses the unique legal needs of people with varying abilities. A statewide project, DLC, provides free, civil legal assistance to people with disabilities on legal issues that are related to their need.

PACER

www.pacer.org (952) 838-9000 or (888) 248-0822

PACER is committed to expanding opportunities and enhancing the quality of life for children and young adults with disabilities and their families. PACER provides a variety of assistance/information with particular emphasis on special education advocacy.

St. Cloud Legal Services

<http://mylegalaid.org/> (320) 253-0121

This agency provides legal advice or representation to low-income people who meet eligibility guidelines in its service area (including Sherburne County) for the following legal concerns: Immigration, Education, Family, Housing and Public Assistance Benefits.

Disability Linkage Line

www.positivelyminnesota.com (866) 333-2466

A free, statewide information, referral and assistance service to help people with disabilities, chronic illnesses and their representatives learn about resources and connect them to community services/supports.

Down Syndrome Association of Minnesota

www.dsamn.org (651) 603-0720 or (800) 511-3696

The association provides information, resources, and support to people with Down Syndrome, their families and their communities. Services include parent support groups, resource lending library, and informational packets.

Epilepsy Foundation of Minnesota

www.efmn.org (651) 287-2300 or (800) 779-0777

The foundation provides epilepsy awareness and education programs, information and referral, advocacy and support, youth and family programs and a used clothing donation center.

Minnesota Services for the Blind & Visually Impaired

www.mnssb.org(320) 308-4800, TTY (320) 308-6401

Services include: vocational counseling, training, job placement, psychological testing, rehabilitation counseling and help with specialized equipment to anyone of any age in Minnesota who has a vision loss that creates barriers to their vocational or personal independence.

Minnesota Services for the Deaf and Hard of Hearing

www.dhs.state.mn.us (320) 255-3502, TTY (866) 488-3909

The Department of Human Services contracts with Regions Hospital to provide short-term counseling, telephone equipment distribution program, sign language interpreter referrals, information, referral and ADA issues.

United Cerebral Palsy of Central Minnesota

www.ucpcentralmn.org (320) 253-0765

The Central location services people with barriers related Cerebral Palsy in Stearns, Benton and Sherburne Counties. Programs and service include assistive technology, individual and family support, employment assistance and advocacy, housing, therapy, and scholarships for post-secondary education.

Clothing/Furniture/Household Items

ACTS, Big Lake..... (763) 263-2287

Becker Thrift Store, Becker..... (763) 261-4852

Big Lake Thrift Store, Big Lake..... (763) 263-1855

CAER, Elk River..... (763) 441-1020

Goodwill Easter Seals <http://www.goodwilleasterseals.org>

Elk River (763) 274-1822

Waite Park (320) 654-9012

Great Room of Elk River (Faith and Action) <http://www.grfia.org/>
 Elk River (763) 633-0089
 Princeton Used Clothing Center, Princeton..... (763) 389-8380
 Salvation Army Thrift Store.....<http://www.salvationarmy.org>.....
 St. Cloud (320) 252-4552
 St. Cloud (320) 252-4552
 St. Cloud (320) 253-5664
 St. Cloud (320) 252-2229
 Elk River (763) 274-2764
 Samaritan Way, Elk River.... www.samaritanway.com..... (763) 241- 0242



Energy Assistance Programs

Tri-Cap, Waite Park..... www.tricap.org (888) 765-5597
 A Tri-CAP Outreach Specialist is also available at the Sherburne County Government Center in Elk River. They are available on Mondays from 8am-4pm. To call and set up an appointment, the phone number is (320) 247-8236.
 Salvation Army HeatShare..... (800) 842-7279



Tax Assistance Program:

Call United Way 2-1-1 for free tax site locations;
<http://www.unitedway.org/myfreetaxes>
 AARP Tax Aide..... (888) 227-7669
 Tri-Cap, Waite Park... <http://tricap.org/assistance/taxes/> ... (888) 765-5597



Telephone Assistance Programs

Minnesota Public Utilities Commission:
<http://mn.gov/puc/consumer/telephone-discounts.jsp>

